

PRACTICE SCHEDULE (B)

FRIDAY	CLASS	SATURDAY
1:00–1:25 PM	14 & UNDER CRUISERS BOYS & GIRLS	7:30–7:55 AM
1:25–1:50	15 & OVER CRUISERS MEN & WOMEN	7:55–8:20
1:50–2:15	7 & UNDER BOYS & GIRLS 20"	8:20–8:45
2:15–2:40	8-10 BOYS & GIRLS 20"	8:45–9:10
2:40–3:05	11-13 BOYS & GIRLS 20"	9:10–9:35
3:05–3:30	14-16 BOYS & GIRLS 20"	9:35–10:00
3:30–3:55	17-35 MEN & WOMEN 20"	10:00–10:25
3:55–4:20	36 & OVER MEN & WOMEN 20"	10:25–10:50
4:20–4:45	PROS	10:50–11:15

CAJUN, SPRING, GARDEN STATE, GREAT LAKES & MID AMERICA NATIONALS

Friday Sign Ups: 1:00 pm - 4:00 pm

Friday Race Begins: 5:00 pm

Balance Bike: 5:00 pm

Saturday Sign Ups: 7:30 - 9:30 am

Saturday Race Begins: 11:30 am

Balance Bike: 11:30 am

Sunday Race Begins: 8:00 am